

Home Care Instructions After Anesthesia

What to Expect After Your Procedure

You received medication for pain and/or sedation while you were under our care. This medication may cause you to feel dizzy or sleepy. You may react slower than usual, have trouble focusing, feel unsteady on your feet or while walking, or have changes in your vision. It is not unusual for people to feel drowsy for the rest of the day after their procedure. A few may have nausea or vomiting.

For the first **24 hours** after your procedure:

- **do not** drive
- **do not** ride a bike
- **do not** perform any activities requiring balance
- **do not** operate machinery
- **do not** drink alcohol
- **do not** sign any legal documents

Symptoms that Need Immediate Attention

Call 911 or go to the nearest Emergency Room if you have:

- difficulty breathing or shortness of breath
- chest pain
- any symptoms of an allergic reactions such as itching, hives, tightness or pain in your chest, dizziness, palpitations, or swelling/tingling in your mouth, tongue, throat, or face

When to Seek Medical Care

Call your primary center (service) at Roswell Park if you:

- are unable to drink or eat without vomiting
- have nausea or vomiting that lasts longer than 24 hours
- have pain that is not relieved with pain medication
- have a fever higher than 101°F (38°C) or have a fever with chills
- have swelling, numbness, or discoloration in your arm(s) or leg(s)

If you have questions related to anesthesia, please call Roswell Park at **716-845-2300** and ask for the anesthesiologist on call.