

# ACTINIC KERATOSIS

- Actinic keratosis, also known as solar keratosis, is a rough, scaly patch on your skin that develops from years of exposure to the sun.
- They are most commonly found on your face, lips, ears, back of your hands, forearms, scalp, or neck.
- Actinic keratosis enlarges slowly and usually causes no signs or symptoms other than a patch or small spot on your skin. These patches take years to develop, usually first appearing in people over 40 years old.
- A small percentage of actinic keratosis lesions can eventually become skin cancer. You can reduce your risk by minimizing your sun exposure and protecting your skin from ultraviolet (UV) rays.

## **After Removal by Cryotherapy**

- You can wash and shower as usual.
- If the area blisters, leave it alone and let it heal itself. Call us if the blister area has not healed in 3 weeks.



## **DERMATOLOGY**

6420 Transit Road | Depew, NY 14043  
716-845-1600 | Fax 716-242-0201