

Discharge Instructions: Suprapubic Catheter Change

What to Expect

- Slight pain/soreness at the incision site
- Slight bloody drainage at the incision site
- Low-grade fever of 99°-100°F (32.7°- 37.7°C)
- Dark red or pink urine for up to 5 days post-procedure. **Call us right away if you notice bright, red blood or clots in the urine after the procedure**
- The catheter will need to be changed every 8 weeks
- Drink 8 to 12 glasses of water every day for a few days after your catheter is changed
- It is best to keep the catheter taped to your belly
- You will need to empty your urine bag every 8 hours and/or when full

You Can...

- ✓ restart your medications right away (hold blood thinners for 24 hours, this includes aspirin and ibuprofen/Advil®)
- ✓ take acetaminophen (Tylenol®) or other prescribed pain medications
- ✓ remove dressing in 24 hours. The dressing can be changed every 48-72 hours or 2-3 days. Change the dressing sooner if it becomes wet with fluid or water.
- ✓ shower after 24 hours. Shower every day and wash around the tube with soap and water. Dry the site thoroughly and apply a new, dry sterile dressing. Avoid pools, hot tubs, and baths after your procedure
- ✓ resume normal activities

When and who to call

Call 911 or go to the nearest hospital emergency room if you have:

- any symptoms of an allergic reactions such as itching, hives, tightness or pain in your chest, dizziness, palpitations, or swelling/tingling in your mouth, tongue, throat, or face
- difficulty breathing or shortness of breath
- chest pain
- heavy bleeding

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Call your primary team at Roswell Park if you have:

- nausea/vomiting that lasts more than 24 hours, or are unable to drink or eat without vomiting
- pain that is not relieved with pain medication
- **a fever higher than 100.4°F (38°C)** or have a fever with chills for more than 24 hours
- swelling, numbness, or discoloration in your arm(s) or leg(s)
- any signs of infection at the procedure site after the first few days such as new or increased redness, pain (not relieved by pain medications) or pus-like drainage
- severe abdominal (belly) pain with lightheadedness
- blood in your urine 5 days after you leave the hospital
- bleeding at the insertion site after you change your catheter, and it does not stop within 24 hours
- a blocked catheter
- grit or stones in your urine
- supplies that do not seem to be working (balloon is not inflating or other problems)
- a smell or color change in your urine, or your urine is cloudy

Special Procedures/2 West: Open Monday – Friday 8:00 a.m. – 4:00 p.m.

Phone: 716-845-5992

After hours, call Roswell Park main number (open 24/7): 716-845-2300