

Comprehensive services to address your unique needs as a cancer survivor and help you move toward a higher level of wellness.



SURVIVORSHIP & SUPPORTIVE CARE CENTER

AT ROSWELL PARK COMPREHENSIVE CANCER CENTER



RoswellPark.org

LIFE AFTER CANCER

Completing your cancer therapy is a monumental milestone. As you graduate from active treatment to survivorship care, we understand how your medical history may pose new or ongoing challenges to your continued health and quality of life. At Roswell Park, we care about your well-being beyond treatment and want to see you enjoy a full and healthy life for years to come.

Our new **Survivorship & Supportive Care Center** brings together many of Roswell Park's clinical and supportive services, specifically designed for people like you, as you face forward and learn to embrace a new normal. Our Survivorship team can help:

Detect and manage any complications

or side effects from your disease or its treatment.

Restore your body and soul with rehabilitative therapy, nutrition counseling, and emotional support and guidance.

Create a plan that will be your roadmap to your healthiest lifestyle possible.

Why it's important

Surgery, chemotherapy, radiation, transplant and other cancer treatments are harsh on the body, and many cancer survivors face a higher risk for medical and psychosocial effects, such as:



- **Secondary cancers**
- **Issues with sexual function**
- **Cardiovascular complications**
- **Anxiety, distress and depression**
- **Chronic pain or neurological symptoms**
- **Fatigue, sleep disorders and insomnia**
- **Financial problems**
- **Stress of your caregivers**

Teresa Johnson,
Medical Social Worker

You may benefit from these tests.

We'll help arrange the ones you need.

- ✓ Full body skin check
- ✓ Bone density scan
- ✓ Mammogram
- ✓ Colonoscopy
- ✓ Heart and lung function tests
- ✓ Pap test



Karen Larkin, Nurse Practitioner (left), Jill Downen, Clinic Liaison (center)

How we can help

Our team will develop a long-term personalized care plan according to your specific diagnosis and treatment history. We provide:

Medical and preventive care, including an annual clinic visit, timely cancer screenings and surveillance scans; vaccinations; nutrition counseling; and management of symptoms such as fatigue, sleep issues, and difficulty with intimacy and/or fertility.

Social support and guidance, including pastoral care, support groups and one-on-one counseling to address post-treatment adjustment, anxiety and stress.

Pain management to help you find relief from new or ongoing symptoms.

Rehabilitation services, including physical, occupational and speech therapy and lymphedema treatment.

Legal and financial assistance to help you sort through issues with returning to work, collecting disability benefits, securing health and/or life insurance and completing an advance directive, living will and health care proxy.

Referrals to smoking cessation to help you kick the habit through classes, counseling or nicotine replacement personalized to your needs.

Pediatric, Adolescent and Young Adult Survivorship services designed specifically for those who had cancer as a child, teen, or young adult.

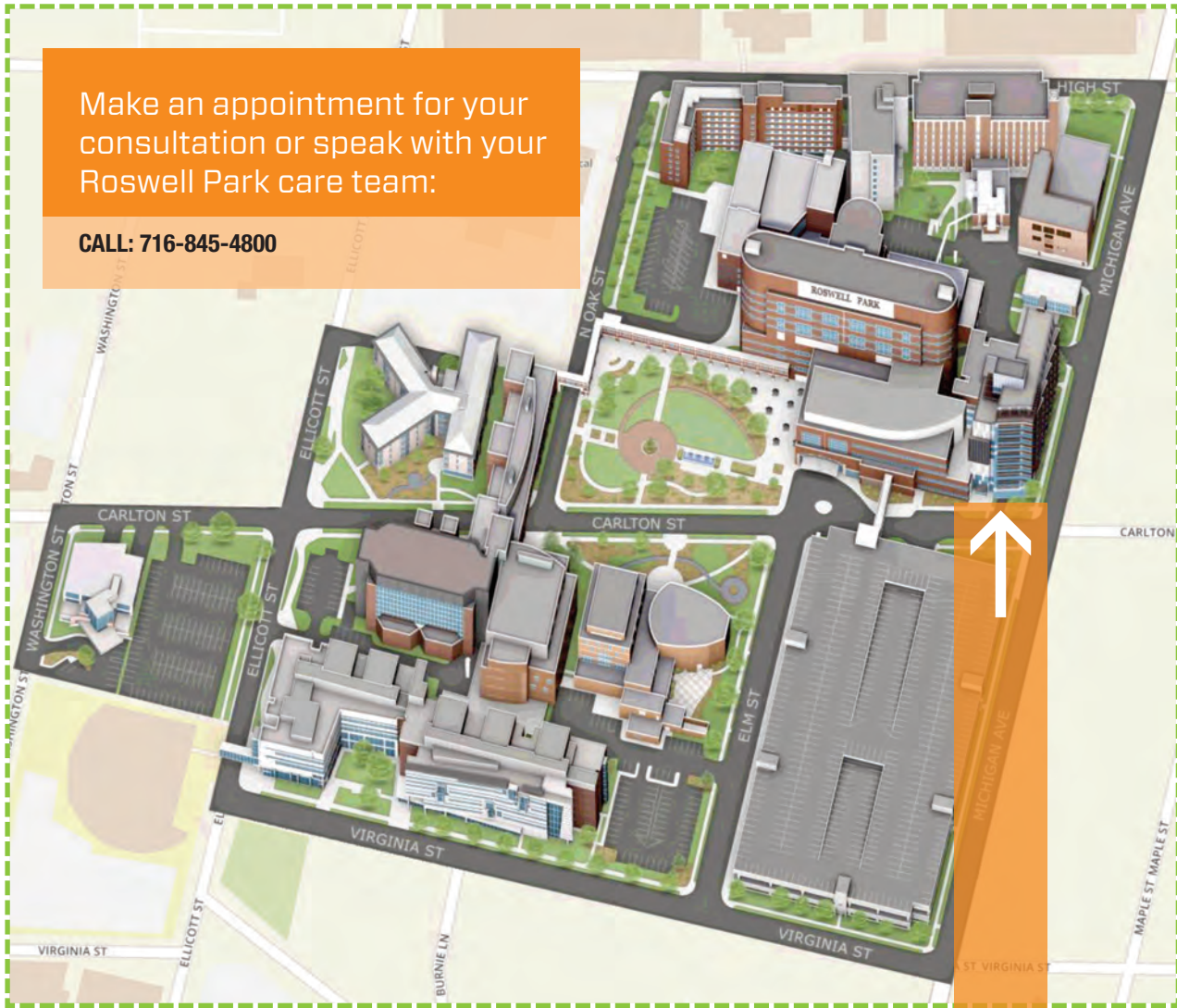


Monica Hubbert, Occupational Therapist and Lymphedema Therapist

We're located on the **3rd Floor** of the new **Scott Bieler Clinical Sciences Center**, across the street from Roswell Park's parking garage.

Make an appointment for your consultation or speak with your Roswell Park care team:

CALL: 716-845-4800



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www.RoswellPark.org | 1-800-ROSWELL (1-800-767-9355)

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